

LinkedIn Group Policy

Purpose

This LinkedIn group exists to connect, support, and inspire individuals involved in teaching and sharing mindfulness. It provides a professional space for discussion, resource sharing, and mutual learning.

Members are encouraged to:
- Contribute to conversations relevant to mindfulness teaching and practice.
- Share insights, experiences, and evidence-based resources.
- Ask questions and exchange ideas that foster personal and professional growth.

Group Guidelines

To maintain a respectful, inclusive, and professional environment, all members must adhere to the following:

1. Respect and Inclusivity
   - Treat all members courteously and with respect.
   - Value diversity of perspectives and experiences.

2. Professional Conduct
   - Keep discussions relevant to mindfulness teaching and practice.
   - Avoid promotional, sales-driven, or unrelated content.

3. Constructive Engagement
   - Share resources and ideas that support learning and development.
   - Engage in dialogue thoughtfully and avoid judgmental or inflammatory language.

4. Confidentiality
   - Do not share personal or sensitive information without explicit consent.

Posting Events and Opportunities

Eligibility: Only BAMBA members may post free events, CPD sessions, or drop-in sessions. All postings must clearly state that they are free and align with BAMBA's values and professional standards.

Moderation

Posts that do not comply with this policy may be removed without notice.
Repeated breaches may result in removal from the group.
BAMBA reserves the right to update this policy as needed.