

Adding an Additional Mindfulness-Based Programme (MBP) to Your BAMBA Profile

If you have undertaken training in an additional BAMBA-recognised Mindfulness-Based Programme (MBP) and would like to add it to your existing profile, please follow these steps to make your application.

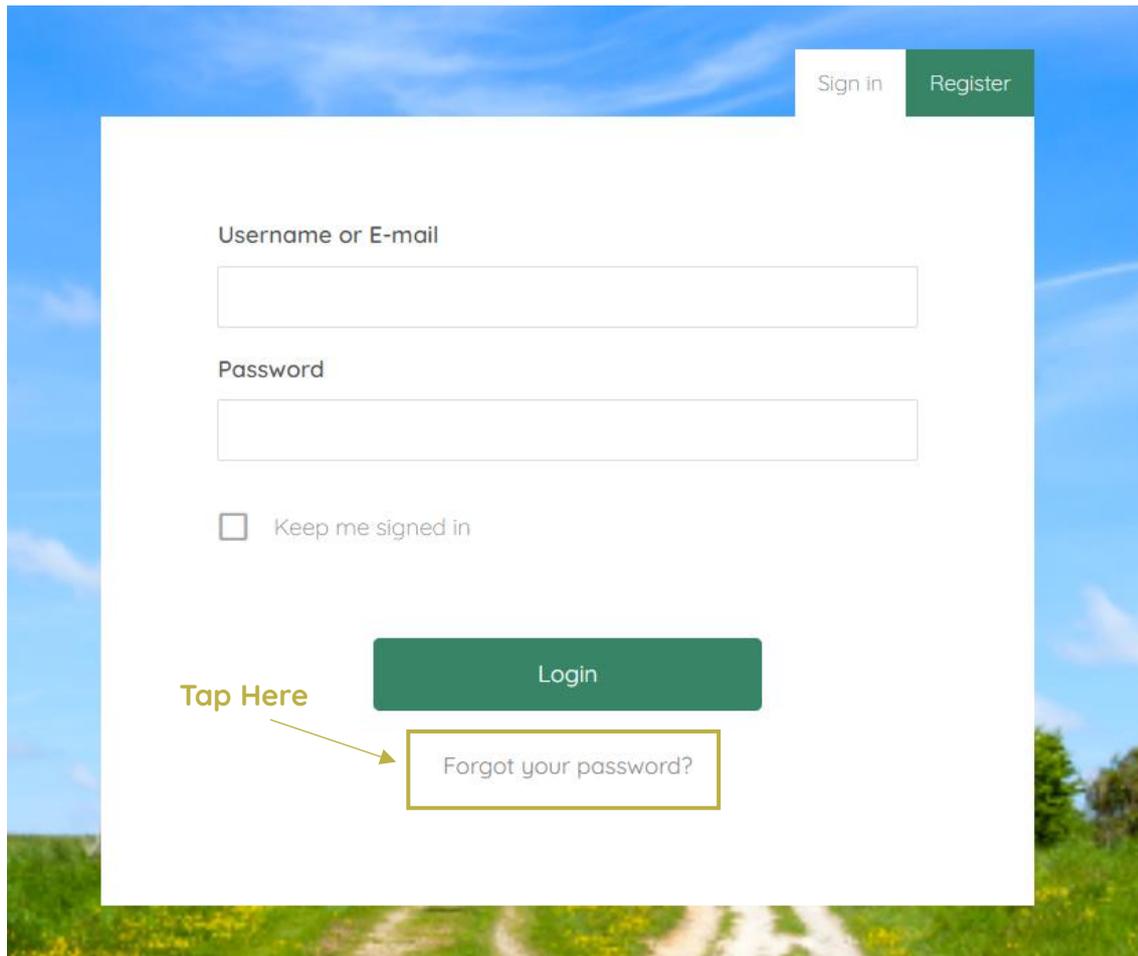
Please note that you will need to provide:

- **Evidence of training completion** (certificate) of the BAMBA-recognised MBP you would like to be added to your profile
- **Date completed** (training)
- **The training organisation**
- **Details of at least one 8-week course you have taught in the new MBP** (year or full dates, participant population).
- **Details of supervision received during your teaching** (name of your supervisor who is experienced in the approach you want to add, frequency of supervision during your teaching)
- **A supporting statement from your supervisor for the new MBP** – available to download [here](#)
- **A method of payment** (the cost is £25 per additional MBP)

Step 1: Logging into the Site

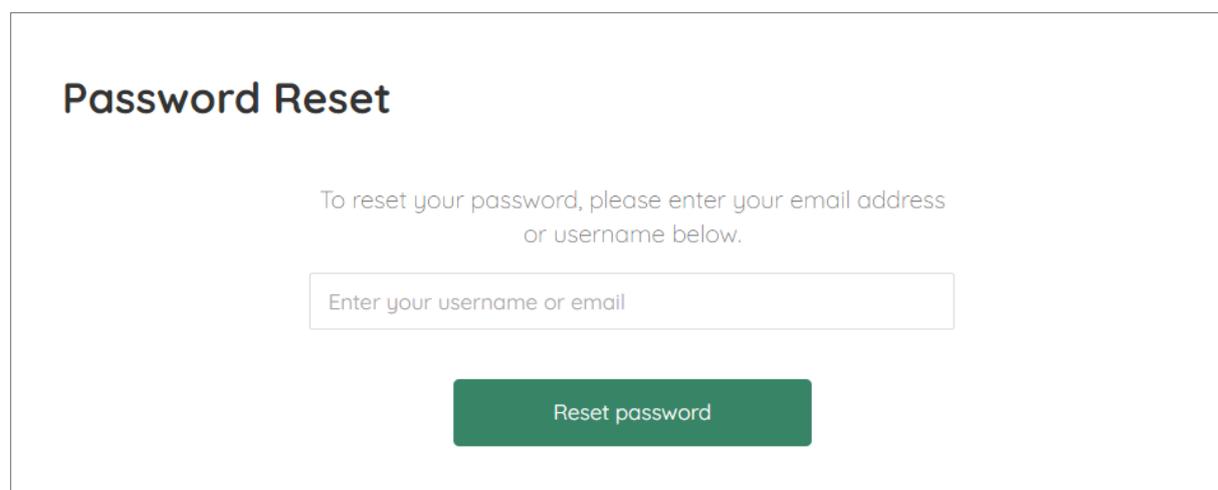
To log into the website, you will need the email address associated with your registration and a password. If this is the first time you are logging in, you will need to create a new password.

To do this, go to the sign in page www.bamba.org.uk/login and tap ‘**Forgot your password?**’:



You will then be directed to the password reset page.

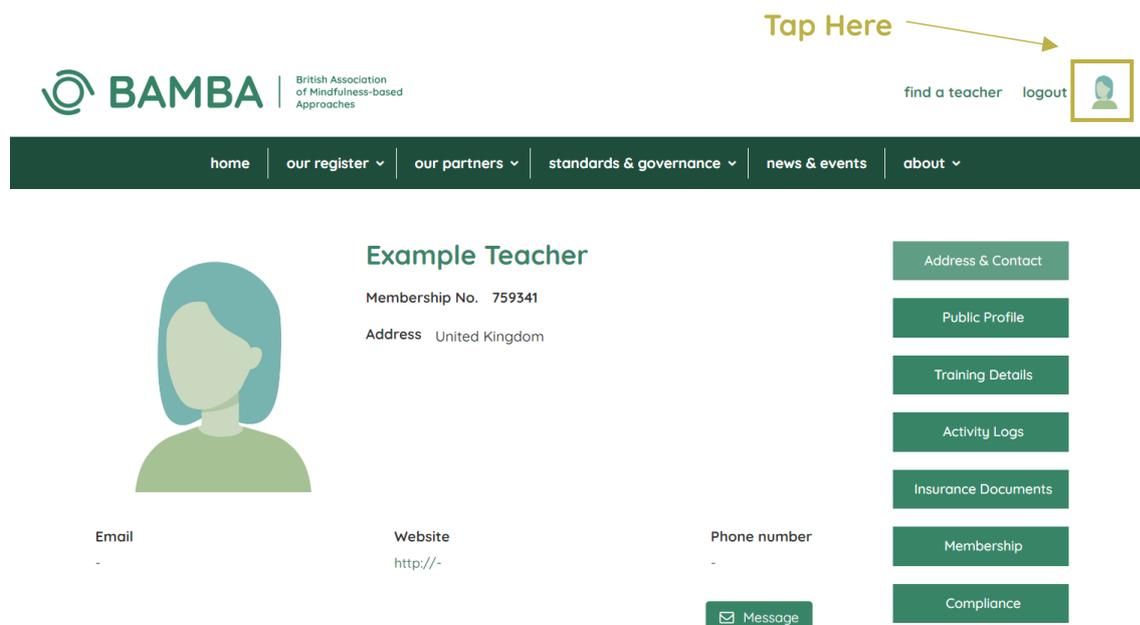
Enter your email address, tap **'Reset Password'** and follow the instructions on the email which will be sent to your inbox.



Once you have reset your password, ensure you keep it safe as you will need this each time you log in to the website.

Step 2: Accessing Your Member Area

Once you have logged into the website, you can find your member area by clicking on the small thumbnail graphic to the right of 'logout'.



Here, you will find all of your member information:

- Address & Contact
- Public Profile
- Training Details
- Activity Logs
- Insurance Documents
- Membership
- Compliance

You can access each of these areas by tapping the green buttons on the right-hand-side menu.

Step 3: Adding Details to Your Activity Logs

Before submitting your application to add a new MBP to your listing, you need to update your Activity Logs to provide the following information:

- Details of at least one 8-week course you have taught in the new MBP (year or full dates, participant population).
- Details of supervision received during your teaching (name of your supervisor who is experienced in the approach you want to add, frequency of supervision during your teaching)

A supporting statement from your supervisor for the new MBP – available to download [here](#)

Please state in the Activity Log entries that these logs are in support of your new MBP application.

Step 4: Updating Your ‘Training Details’ to Add a New MBP

Once you have completed the required information in the Activity Logs, navigate to the ‘Training Details’ section of your online account. This section holds your mindfulness training information including:

- MBP
- Training Organisation
- Date Completed
- Evidence of Completion
- Professional Mental Health Training / Qualifications
- Supervised Teaching

Please note, it will only be complete if you have applied for the first time using our new online application system. If you initially applied to BAMBA using our previous system, then this section will be blank.

To apply to add a new MBP to your profile, scroll to the bottom of the page to ‘Apply to add an additional MBP’.

Click the green ‘Add Qualification+’ text to open a lightbox and add your qualification.

Apply to add MBP

MBP(s) for which already BAMBA registered

Date Completed	MBP
There are no qualifications.	

Tap Here

Add Qualification +

Credit Card

Card Number

Expiration Date

Month Year

Security Code

Cardholder Name

Submit

When the lightbox opens, add the following information:

- The BAMBA-recognised Mindfulness-Based Programme
- The training organisation
- Your training certificate
- The date the training was completed

Add Qualification

MBP

This has to be one in which you have followed at least a 12 month pathway and have taught at least one course.

Breathworks

Organisastion

The organisation/s you completed your training with.

Evidence of Completion

Please upload your training certificates that clearly evidence completion of your training. We accept the following file formats: pdf, Word, jpg or png. Please do not upload .pages files.

No file chosen

Accepted file types: doc, docx, pdf, jpg, png, Max. file size: 256 MB.

Date Completed

dd/mm/yyyy

Cancel

Add Qualification

Step 5: Making Payment

Once you have completed the Activity Logs and added your qualification, you're ready to finalise your application by entering your payment details.

The cost to add an additional MBP to your BAMBA profile is £25.

If, at any point, you require assistance, you can tap the green 'Message' box to send a chat message to the administrator:



Example Teacher

Membership No. 759341

Address United Kingdom

Email
-

Website
http://-

Phone number
-



Tap Here

- [Address & Contact](#)
- [Public Profile](#)
- [Training Details](#)
- [Activity Logs](#)
- [Insurance Documents](#)
- [Membership](#)
- [Compliance](#)